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Health and Wellness - Linda Meeks, Philip Heit, Randy Page ...

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Linda Meeks and Philip Heit are emeritus professors of Health Education in the College of Education at The Ohio State University. Linda and Philip previously owned Meeks Heit Publishing, a publishing company that specialized in producing health education textbooks, video, CD-ROM, and multimedia programs for grades K-12 and college.

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Health and wellness by Linda Brower Meeks, Linda Meeks, Philip Heit, Randy M. Page, May 1999, McGraw-Hill/Glencoe edition, Hardcover in English

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Prof. Linda B. Meeks is Co-CEO and President of Meeks Heit Associates, a company engaged in consulting, keynote speaking, training and producing high-quality written, electronic and recorded materials whose purpose is to educate and motivate people of all ages to take responsibility for their wellness.

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Linda Meeks and Philip Heit are emeritus professors of Health Education in the College of Education at The Ohio State University. Linda and Philip previously owned Meeks Heit Publishing, a publishing company that specialized in producing health education textbooks, video, CD-ROM, and multimedia programs for grades K-12 and college.

Comprehensive School Health Education: Totally Awesome ...

Health & Wellness, Meeks, Heit and Page, McGraw-Hill Companies, 2005, ISBN: 0-07-830861-5 V. INSTRUCTIONAL STRATEGIES: Various teaching methods are used in this course. Instruction will be given using prepared worksheets, class notes, and exercises from the book. Group activities and cooperative learning may be used.

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